

GRANTEE: **United Indians of All Tribes Foundation**

PROGRAM TITLE: *Ina Maka Home Visiting Program*

PROGRAM PERIOD: Cohort 2 (July 1, 2011 to June 30, 2016)

KEY GRANTEE PROGRAM STAFF

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GOAL OF THE PROGRAM

The Ina Maka Home Visiting Program's goal is to assist families in improving the long-term social and health outcomes for Native children by providing support and an intervention to their parents through a comprehensive home visiting program tailored for and by the American Indian/Alaska Native (AI/AN) community.

COMMUNITY CONTEXT FOR THE PROGRAM

State:	Washington
Rural or Urban/Reservation or Non-Reservation:	Urban Non-Reservation
Description of Service Area:	The Ina Maka Home Visiting Program will serve AI/AN families in King County, Washington. King County comprises 2,134 square miles, with an overall population of over 1.9 million people. The county includes the Seattle metro area, the largest population center in the state. It also includes several other communities, a few of which are AI/AN population bases, and multiple universities.
Births Per Year:	1,534 AI/AN alone (2012); 867 White and AI/AN (2012).
Children Ages Birth to 5 Years in Target Community:	The King County AI/AN only or in combination population is 39,117 (2 percent of the overall county population). 8.2 percent (3,208) of this population is 5 years old or younger (1,975 AI/AN in combination; 1,233 AI/AN alone).

COMMUNITY CONTEXT FOR THE PROGRAM (CONTINUED)

Unique Characteristics of Target Community:	In King County, the AI/AN-only population is 16,147; the AI/AN in combination with other races population is 22,970. These residents represent 41 tribal groupings, or hundreds of individual tribes, from across the United States and Mexico, and six Alaska Native groups. Currently the King County AI/AN only population represents about 0.8 percent of the overall population and the AI/AN in combination population represents about 1.2 percent of the total King County population.	
Key Community Partners:	<ul style="list-style-type: none"> • Title 7 Indian Education Program • Seattle Indian Health Board • The North Shore Education Alliance • Cowlitz Tribe Mental Health • Snoqualmie Tribe • Department of Children and Family Services (DCFS) Office of Indian Child Welfare (ICW) • Seattle Indian Health Board (SIHB) • South King Council of Human Services 	<ul style="list-style-type: none"> • Parent Advisory Committees • Seattle Public Schools Huchoosedeh program • Native American Women's Dialogue on Infant Mortality (NAWDIM) • Chief Seattle Club • Native American Breastfeeding Coalition of • Seattle Indian Center (SIC) • United Way of King County (UWKC)
Primary Risk Factors in Target Community:	<p>The primary risk factors for the target community include:</p> <ul style="list-style-type: none"> • historical trauma • poverty • housing and homelessness • substance abuse • domestic violence • mental health 	

PROGRAM DELIVERY CONTEXT

Organization Type Administering the Program:	The Ina Maka Home Visiting Program is an urban organization.
Implementing Agency:	The United Indians of All Tribes Foundation
Target Population:	The Ina Maka Home Visiting Program will serve AI/AN women with young children, infants, or AIAN women expecting a child.
Target and Actual Numbers Served:	As of the date of this document (February 27, 2014), 15 families were enrolled and are currently receiving services. The target number of families is 80.

HOME VISITING MODEL SELECTED

The Ina Maka Home Visiting Program selected the Parents as Teachers (PAT) model.



KEY MODEL ADAPTATIONS OR ENHANCEMENTS

The Ina Maka Home Visiting Program will not adapt the curriculum or PAT program but will offer a culturally enhanced curriculum. Connection to culture is seen as a powerful source of resilience for AI/AN families, so facilitating that connection will be an effective way for home visitors to support families. Cultural enhancements the Ina Maka Home Visiting Program plans to incorporate into home visiting include:

- hiring culturally competent staff who have a strong understanding of AI/AN culture
- incorporating Elders into the program
- using traditional storytelling
- naming ceremonies for interested participants
- integrating traditional foods into nutrition discussions
- referring participants to cultural activities such as powwows and drumming or dancing classes

DESCRIPTION OF EARLY CHILDHOOD SYSTEM

One of the strongest networks (Title 7 Indian Education Program, Parent Advisory Committees, and a coalition hosted by the Seattle Indian Health Board) addresses the achievement gap among students in local schools within the Native community. Activities vary from quarterly culture nights to a parent-driven education alliance. The alliance meets monthly to plan and work with the schools to make sure students are graduating on time and address any challenges such as disciplinary actions or special education referrals.

Although they vary in structure and involvement, eight of the 15 school districts have some form of parent education alliance. The North Shore program serves 251 students, from 87 tribes, in 3 school districts (49 students in Bellevue, 110 students in Lake Washington, and 89 students in North Shore). This alliance has been in the Lake Washington school district since 1975 and is funded at approximately \$200 per student. (North Shore is split between King and Snohomish Counties, so not all of those students are eligible for King County services.)

EVALUATION APPROACH

Evaluation Question

Do urban American Indian parents and caregivers who receive the Ina Maka Family Program (IMFP) home visiting services with surface and deep structure cultural enhancements for 12 months demonstrate greater change in parenting outcomes compared to parents- and caregivers who receive the IMFP home visiting services with only surface cultural enhancements?

Evaluation Design

The program utilizes a randomized comparison design.

KEY FEDERAL AND TECHNICAL ASSISTANCE (TA) STAFF:

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